

Health Ministry Meeting

May 23, 2024 5:15 PM

Meeting at St. Anthony Parish Hall

Members attending: Mary Freitag, Mary Ricci, Roberta Braml, and Jenny from the Catholic Herald.

Opening Prayer was led by Mary F.

Reviewed minutes from March 14th meeting. No changes made.

Updates:

New Life Promise

Mary R. gave an update on the current New Life Promise session. They are starting week 7 of the 8-week series. Many from this group are interested in joining the big group when their 8 weeks are done. The big group continues to meet once per month. They have brought in speakers on a number of topics of interest to the group. The current session is being held at the school and the promotion was handled by Cumberland Community Ed. Mary R. is considering offering a new session beginning in the fall.

Stepping On-fall prevention

Roberta and Mary gave an update on the current Stepping On fall prevention program being offered at St. Anthony's on Thursday evenings. The program is sponsored and promoted by the Barron County ADRC. This evening will be week 5 of the 7-week program. The guest expert this evening will be Jacob Jensen, RPh from Maple Ridge Pharmacy at the Cumberland hospital. There are currently 14 participants, and the program seems to be well received. Will plan to hold another session in the spring of 2025, possibly at St. Ann's in Turtle Lake, or one of the other two parishes, depending on the need.

CPR and AED training for ushers:

Mary F. proposed to Deacon Steve L. holding a mandatory usher meeting in the fall on a Wednesday evening. Nikki Huber is available to do a CPR and AED training for the ushers during that time. Dcn. Steve is thinking about this.

New Items:

Mary R. suggested having a class or training on emergency/first responder-type response in church. Discussion on building a list of people in each parish who could respond to emergencies during services, i.e. fainting, falls, etc. Will discuss further at future meeting when more members are present.

Blood Pressure Screening at St. Anthony:

June 16th: Mary F.

July 21st: Mary R.

August 18th: Mary F.

Closing Prayer led by Mary F.

Next meeting: Thursday, September 5th at 6:15 PM at St. Anthony

Submitted by Roberta Braml